

The Role of Communication Skills on Perspectives of University Students about Marriage during Dating (Emotional Friendship)

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Abstract

Problem Statement: Marriage is considerable attempt for everyone. During decision taking, people are affected by something for this reason some things cause problems or good things for marriage. In the study, relationship is observed to specific variables and marriage. Relationships are; there is a relationship between communication skills and preferring marital mate. Also, there is a relationship between particular differences (age, gender, nationality, attitudes of mother and father) and preferring martial mate.

Purpose of the Study: The aim of the study is to indicate role of communication skills on aspects of university students about marriage during dating. In every phase of life, family and marriage have vital position for human beings. Therefore, the study had been conducted to show importance of the communication skills among partners during marriage.

Methods: Mix research methodology was preferred for the study as a research methodology. Case study was determined as a research design. **Population of the study was EMU's undergraduate students.** Participants of the study were chosen from EMU. 300 undergraduate was chosen by stratified sampling method for quantitative part of the study and 30 participants were chosen for qualitative part of the study. One scale and semi-structure interview question were used to gather data. SPSS was

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used to analyze gathered data. Nationality, gender, and age, attitudes of mother and father are important variable to analyze collected data.

Results: The results of the study reflect that communication skills have **importance on university students' aspects** about marriage during date. Attitudes of mother have impact on decisions about marital mate.

Discussion and Conclusions: Communication is vital part of the human beings' life and influences every phase of human beings' life. Therefore, during dating and getting married, function of communication skills can be observable and people should show more interests to this field to emphasize the importance of communication for marriage.

Keywords: Communication skills, marriage, dating, university students

The purpose of the study is to reveal role of communication skills on decisions of university students about marriage during dating. Because, communication has **enormous importance for every human being's life**. Also, in this process, education has important facilities to have enough level of social skills. "[C]ritical thinking and problem solving as cognitive thinking skills are increasing in Turkey; however, the affective side of the issue is still being neglected. Critical thinking dispositions and perceived problem solving skills are important factors for determining educational needs of students" (Tümekaya, Aybek and Aldağ, 2009,p.1) Human beings are in communication from birth to death. The way of having good relationship is based on communication skills. Communication skills are taught by parents to their children. During teaching communication skills, various variables have impact on people. Some of them are positive but, some of them are not. Additionally, marriage gives **meaning to human beings' life**. People's statues are also related to their psychological powerfulness. Marriage and communication skills are interrelated to each other, because people learn each other via communication. In the study, university students are participants to reveal their ideas about functions of communication skills on their **emotional friend relationships in concept of determining their future partners' characteristics**. Today, the most of young people have opportunity to enter relationship with their friends easily compared to the past. They can easily mention **fundamental role of communication skills in any kind of relations**. That's why university students are preferred as participants.

Additionally, marriage is a major part of the present study. Marriage is an important phase of life span and it is influenced by any single points in life. Several definitions are made about marriage. Before marriage, emotional friendships have influences on decisions about determining partner for marriage. Therefore, the aims of the study are to indicate role of communication skills on emotional friendships about dating and marriage. For instance, **Bacanlı (2001), defines that marriage is an institution to provide posterity of families**. Human beings try to put their posterity in guarantee via marriage. At the same time, marriage provides people with a regular life so that people have to obey rules of society. Arguments have been done about **how marriage can be kept alive since 1970s**. Additionally, **Bacanlı (2001), asserts that**

in Turkey, some studies had been conducted about choosing partner and marriage to emphasize these concepts. Thus, the present study has necessity in this era because; no any study was conducted about these concepts in North Cyprus. These weaknesses are motivation points for the researcher to conduct the study in the light of marriage.

During this study, two main research questions were asked. These are;

Research Question 1: What is the role of communication skills on marriage in concept of learning importance of partners' characteristics?

Hypothesis1: level of communication skills has impact on marriage.

Research Question 2: What is the relationship between communication skills and choosing partner in terms of desirable behavior and undesirable behavior?

Hypothesis 2: There is a positive relationship between communication skills and choosing partner

Numbers of studies were conducted about marriage, dating and communication skills. But, not enough numbers of study were carried out about communication, dating and marriage under one umbrella. Limited numbers of studies were conducted about the issue and this point shows the necessity of the present study to gather information in this field to make contribution. In underdeveloped countries, some institution do not work well, therefore, every institution is influenced by each other. Marriage is one of important institution so that it can be influenced easily by other institutions. Some scholars conducted studies about marriage and preferences of partners and stress on necessity of the conducting research about marriage and choosing partner. However, they did not give enough places to communication. Communication is an irrevocable matter for every human being. Thus, communication is required for dual relationships such as couples. Some researchers talk about process of choosing a partner.

For instance, According to Lauer and Laurer (1991), choosing a partner is not a random process. Numbers of factors play important role during this process. Race, socio-economical level, physical attraction, ethnicity, religion, attitudes, educational level, family type, mind level are essential factors for the process (as cited in Bacanlı 2001). In the present study, particular factors or items play roles during dating and determining partners therefore, the study would like to learn these factors during the process and to show role of communication skills for the process. People need to use their communication skills to enter in good relationships to be aware of their potential partners' characteristics, for example. "The selection of a marital partner has lifelong implication" (Keklik,2011, p.129).

According to these scholars, the issue has crucial meaning and the essential numbers of studies had not been conducted about the issue, therefore, this gap shows the necessity of the present study to reveal communication skills and choosing potential partner for their marriage.

Moreover, Yıldırım (2007), shares important information about emotional friendships. Emotional friendships are not simple things and carry important meaning because it is the first important step for people to determine their future partner. Because, process of choosing partner helps people to decide how their future partner would be, or who can be their children's mother or father (Yıldırım, 2007). Also, during the process, numbers of factors influence women and men (Yıldırım, 2007). The process can be assumed as a series, each series are essential for establishing family because the process has significant meaning to show difficulty of determining partner and give shape their future life, because, their old system gains new dimension and are changed.

Kefalas et.al. (2011), claim that "Marriage in the United States has undergone a fundamental transformation over the latter part of the 20th century" (p.847) Also, Kefalas focus on this field to conduct research; "This is an area that clearly calls for more research, and future work" (p.871). Again, Kefalas et.al put an emphasis on necessity of research about marriage and choosing a partner. A Theory of Marriage also explains essential points for marriage and these points are some part of the present study to show importance of it.

For instance, Becker (1974), describes the marriage as:

[S]ince marriage is practically always voluntary, either by the persons marrying or their parents, the theory of preferences can be readily applied, and persons marrying (or their parents) can be assumed to expect to raise their utility level above what it would be were they to remain single. The second is that, since many men and women compete as they seek mates, a market in marriages can be presumed to exist. Each person tries to find the best mate, subject to the restrictions imposed by market conditions (p.300).

Additionally, Becker (1974) claims that:

Some societies adjust to legal difficulties in receiving divorces by delaying marriage, whereas others adjust by developing more flexible "consensual," "common-law," or "trial" marriages. In many the bride brings a dowry, in others the groom pays a bride-price, and in still others couples marry for "love" and disdain any financial bargaining. In some the newly married usually set up their own household, in others they live with one set of parents (p.300)

The study aims are to indicate communication skills' importance on marriage because preferences of partner carry importance as those consequences of preferences change people's life in terms of marriage. Therefore, the study focuses on communication skills to reveal significance of it on every single face of human beings' life. Characteristics of people are major points to determine their future partner.

Nielsen et.al. (2004) “The vast majority of marriage preparation courses are designed either for high school students or for couples who have already decided to marry. Little work has targeted college students, a group old enough to have had substantial dating experience but not yet committed to a **particular partner**” (p.485).

This quotation illustrates importance of the issue to conduct research. Because, in underdeveloped countries, some systems generally do not work well and main stand point of one country is family. Therefore, people should set up good family, for this process people should know their future partners to reach and meet in common points.

Friendships and romantic relationship are related to each other during choosing **partner because friends’ ideas** have important influences on determining partner (Morgan and Korobov, 2011).

All those studies illustrate the needs of these kinds of studies in this field. Because, every family has played important role in society and influenced every generation so that this hierarchy should be established in strong base to prevent possible problem in the future. For these reasons, people should recognize themselves well by improving communication skills in order to that they can determine and understand their future partners’ **features**.

Method

Research Design

The section involves information about how the study was conducted. Mix research methodology had been used to collect data and find answers of the research questions.

Johnson and Christensen (2010), define mixed method as: “**Mixed research** involves the mixing of quantitative and qualitative research methods, approaches, or other paradigm characteristics. The exact mixture that is considered appropriate will depend on the research questions and the situational and practical issues facing a **researcher**” (p.429). **Case study was done. The study was completed in February 2012.**

Population and Sample

This study necessitated a case research design in an English medium university. EMU is in North Cyprus. Cyprus is the third biggest island of the Mediterranean Sea and the first biggest island of the Eastern Mediterranean Sea. TRNC was established in 1983 (15/11/1983). Turkish Cypriots live in the North part of island. EMU is in Famagusta and Famagusta is one of the biggest cities of North Cyprus. The researchers are Turkish Cypriots, live in the TRNC. Because of these reasons, the

researchers wanted to designate at EMU as the context of the study and prefer to have EMU's students as sample of the study

Keyton (2007), claims that: "A population consists of all units, or the universe-people or things- possessing the attributes or characteristics in which the researcher is interested" (p.124). Eastern Mediterranean University students' are determined as a sample for the study.

Sample

Sample of the present study had been decided by convenience sampling: 300 participants had been used for quantitative research. 30 participants had been used for qualitative research from undergraduate students of Eastern Mediterranean University.

Data collections

Data collection was done by questionnaire (that is consist of 100 items , half of them desirable and half of them are not desirable items for determining partner). Yıldırım (2007) conducted "Üniversite Öğrencilerinin Eş Seçme Kriterleri" the study. The researchers got permission his data collection instruments. Initially, 2 specific open-ended question were asked to 168 undergraduate students. These questions: (Question 1: what kind of desirable characteristics do you expect from your partner? Question 2: what kind of undesirable characteristics do you expect from your partner?) According to his study's participants, 56 desirable and 61 undesirable characteristics were determined. Totally 117 characteristics were listed and likert styles were utilized from 1 to 10. Principle Component Analysis was applied. Among items which are above .35, had been chosen. Therefore, 50 desirable (Alpha=.92) and 50 undesirable (Alpha=.96). Also, Yıldırım asked social demographic questions to participants (Yıldırım, 2007). Shortly, the instruments included 100 items and 7 demographic questions. In the study, 3 interview questions had been asked. During the preparations of the questions, the researchers tried to be clear and understandable for the participants. For this reason, the researchers also asked help from 5 experts. Two of them are in field of communication, two of them are in field of psychological counseling and guidance and one of them is in field of measurement and evaluation. Additionally, Patton (2002)'s 7 criterion had been taken into account during the preparation of the interview questions. These criterion; distinguishing types of question, the time frame of question, sequencing questions, wording questions, asking truly open-ended questions, asking singular questions and probes and follow-up questions. These interview questions were asked to 10 undergraduate students to prevent to not be misunderstood for sample. Also, semi-structures interview questions that had been applied to learn participants' views and triangulate answers of the participants.

Data analysis

The questionnaire, the SPSS (Hierchical Regression, Frequencies) had been used to analyze questionnaire, in terms of gender, some frequency had been obtained and

these frequencies help us to make correlation among answers of semi-structure interviews. The semi-structure interviews had been analyzed according to specific themes (these themes related to research question).

Results

In the section, gathered data were analyzed and the result of the data illustrates. According to analysis of the data, the role of communication skills is visible on marriage. As earlier mentioned, data were analyzed in two way, one part was analyzed by SPSS and other part of done by thematic analysis to reveal importance of communication skills.

Demographic information of participants: 143 participants are female and 157 participants are male. 83 of participants' mother are strict. 44 of participants' mothers are authoritarian. 99 of participants' mothers are conventionalist. 77 of participants' mothers are democratic. 53 of participants' fathers are strict. 81 of participants' fathers are authoritarian. 80 of participants' fathers are conventionalist. 85 of participants' fathers are democratic. One of the participants did not mention his or her father's attitudes. The participants' political views; 42 participants are liberal democrat. 88 participants are social-democrat. 57 participants are socialist. 110 participants are nationalist and 3 participants did not mention their political view. The participants' nationality; 52 participants are Turkish Cypriot. 245 students are Turkish. 3 of them did not mention their nationality.

Frequencies and qualitative analysis had been taken in to consideration as a triangulation. So that, the study revealed importance of communication skills to determine their partners' feature or characteristics, because it is not an easy process.

Table 1

Hierarchical Regression Analyses of Undesirable Items of Preferring Partner for Gender, Age, Nationality, Attitude of Mother and Attitude of Father

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
First block 1	(Constant)	,916	,164		5,576	,000***
	Gender	-,010	,031	-,019	-,307	,759
	Natioanlity	5,927E-03	,038	,009	,158	,875
	Age	7,068E-03	,007	,059	,963	,336
Second block 2	(Constant)	,850	,181		4,700	,000***
	Gender	-,008	,031	-,016	-,265	,791
	Natioanlity	1,517E-02	,039	,024	,388	,698
	Age	7,809E-03	,007	,065	1,056	,292
	Attitude of mother	1,184E-02	,014	,053	,869	,385
Third block 3	(Constant)	,849	,184		4,612	,000***
	Gender	-,008	,031	-,016	-,258	,797
	Nationality	1,510E-02	,039	,023	,385	,700
	Age	7,828E-03	,007	,065	1,056	,292
	Attitude of mother	1,143E-02	,016	,051	,728	,467
	Attude of father	8,240E-04	,015	,004	,053	,958

Hierarchical regression analyses were conducted to test the predictor undesirable items on age, gender, nationality, attitude of mother and attitude of father. In the first block age, gender, and nationality were entered to control their effects on other variables. ANAVO results showed that attitude of mothers on young predicted determination of mate undesirable items are not significant [$F(3,300)=0,329, p>.005$]. In the second block attitude of mother was entered. The model was significant [$F(4,300)=,436, p|.005; R^2 = .147, \Delta R^2=.003, p=.385$]. In the third block attitude of father was entered. The model was significant [$F(5,300)=0,348, p>.001; R^2 = .006, \Delta R^2=.000, p.958$]. The results indicated ($\beta=0.53$) and ($\beta=.900$) predicted undesirable items of determination of mate has significant relation (see Table 1).

Table 2

Hierarchical Regression Analyses of Desirable Items of Preferring Partner for Gender, Age, Nationality, Attitude of Mother and Attitude Of Father

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
First block						
1	(Constant)	53,926	5,281		10,211	,000***
	Gender	,289	1,004	,018	,288	,774
	Nationality	-,938	1,209	-,045	-,776	,438
	Age	,101	,236	,026	,428	,669
Second block						
2	(Constant)	50,357	5,802		8,679	,000***
	Gender	,360	1,003	,022	,359	,720
	Nationality	-,437	1,254	-,021	-,348	,728
	Age	,141	,237	,037	,595	,552
	Attitude of mother	,643	,437	,090	1,471	,142
Third block						
3	(Constant)	51,340	5,891		8,715	,000***
	Gender	,264	1,008	,016	,262	,794
	Nationality	-,396	1,255	-,019	-,315	,753
	Age	,130	,237	,034	,548	,584
	Attitude of mother	,882	,502	,123	1,756	,080*
	Attitude of father	-,478	,495	-,066	-,966	,335

Hierarchical regression analyses was conducted to test the predictor undesirable items on age, gender, nationality, attitude of mother and attitude of father.. In the first block age, gender, and nationality were entered to control their effects on other variables. ANAVO results showed that attitude of mothers on young predicted determination of mate undesirable items significantly [$F(3,300)=0,296, p>.005$]. In the second block attitude of mother was entered. The model was significant [$F(4,300)=,764, p|.005; R^2 = .003, \Delta R^2=.010, p=.385$]. In the third block attitude of father was entered. The model was significant [$F(5,300)=0,798, p>.001; R^2 = .013, \Delta R^2=.003, p.958$]. The results indicated that both mother's attitude ($\beta=0.090$) and ($\beta=.900$) predicted desirable items of determination of mate have significant relation (see Table 2).

Frequencies demonstrate the first ten important items for desirable items: These are; open-minded, cultured, sharing, emotional-health, powerful characteristics, communication skills, consensual, sexual adjustment and predictive. These points are **very important to be in good communication and to determine marital partner's** criteria. Frequencies demonstrate the first ten important items for undesirable items. These are; discriminatory, tendency of sexual harassment, lack of self-control, prohibitive, rude, untruth thoughts, insidious, self-fish, impervious and narrow-minded.

People need high level and adequate circumstance to be in communication with others to recognize or release or understand someone else in terms of marriage. Because, in our cultures (Turkish and Cypriots), marriage has important meaning and people have general attitudes or prejudices about marriage and their decisions are not taken as alone. Their roles, their customs and their families, cultures bring **meanings on their decisions.** Keklik (2011) claims **"The cultural context in which one makes marital decisions is an essential component that needs to be taken into account while examining mate selection behavior"** (p.132).

Qualitative data analysis; Participants answered question about role of communication skills for marriage and determining important characteristics of future partners. Participants think that communication skills are important for learning their **future partner's characteristics to search out these characteristics.** One deep question was asked to participants to define importance of communication skills to learn their **partner's features.**

Thus, participants mention that communication skills are essential to understand **their partner's characteristics and quantitative research data demonstrates the** important items (positive and negative such as being trustable) and the analysis demonstrates relationships between independent variables and dependent variables.

Discussion and Conclusion

The study was conducted to illustrate importance of communication on marriage. **University students' views are collected** during data collection to show aim of the study.

Two research questions had been asked. These are; **Research Question 1: what's the role of communication skills on marriage in concept of learning importance of partner's characteristics? And Research Question 2: what's the relationship between communication skills and choosing partner in terms of desirable behavior and undesirable behavior?** With respect to result, communication skills play vital role on **university students' preferences about marriage** because their level of communication helps to recognize what they want from their future partner. **The study helped to obtain university students' views about their current partner.** The reorganization can absolutely be done via enough level of communication. **Otherwise, it is not possible.** Communication provides meaning to people's life to make it more meaningful from day to day. Every marriage requires enough level of

communication skills to understand each other and to establish relationship in respect to their marriage. Thus, hypothesis 1: level of communication skills has impact on marriage. Hypothesis 2: There is a positive relationship between communication skills on choosing partner. These hypothesis had been proved. According to results, open-minded, cultured, sharing, emotional-health, powerful characteristics, communication skills, consensual, sexual adjustment and predictive are assumed as 10 desirable items during the determining partners. Discriminatory, tendency of sexual harassment, lack of self-control, prohibitive, rude, untruth thoughts, insidious, self-fish, impervious and narrow-minded are ten undesirable characteristics.

Almost all these items are exactly part of having high level of communication skills because these characteristics cannot be understood without enough level of communication skills. Thus, hypothesis 1 can be proved. Collected data were analyzed and some mutual points are obtained like previous studies, the study is main point the area to focus on the issue to mention importance of choosing partner and their criteria or characteristic. Communication is a vital thing to aid for learning or understanding their emotional friendship. Research question 2 found out communication skills and determining desirable and undesirable characteristics have positive relationships so that people can be aware about their desires with help of communication skills. According to Buss & Barnes (1986), Hill (1945) and McGinnis (1958), **women and men wish to have a mate 'who is kind, understanding, dependable, sociable, stable and intelligent** (as cited in Botwin et.al 1997).

Also, nationality, gender, age had been taken into account to find out relationship among these factors. There is no any significant difference among these factors about mate preferences with this sample. Some studies illustrate that there is no great differences between women and men's mate preferences, they were equal (Buss, 1987, Goodwin, 1990; Todosijevic, Ljubinkovic and Arancic, 2003). However, there is great difference between men and women especially in Turkish culture (Yıldırım, 2007).

"Communication is how we send and receive messages in ways that create understanding" (Bailey, 2009). **"Communication skills play an important role in the interaction and communication process between man, a social creature, and his environment"** (Kutlu, Balci, and Yılmaz, 2007, p.1) It is how and what we say or don't say. Communication skills are essential and should be gained by people from their infancy to give appropriate shapes to their character and personality. Communication is an appliance in family because problems arise because of lack of communication. **"When family members understand and perform their roles, a spirit of togetherness and respect is encouraged and they feel more comfortable to talk about their problems whether or not they stem from the home or the society"** (Nosst n.d, p.2). **"Communication, although essential, is not always easy. Individual differences in personality, communication styles and skills, and expectations all play a part in how well your family communicates"** (Rausch n.d, p.1). **"[W]e should be good at evaluating potential mates and prefer those traits most likely to enhance our own reproductive success"** (Marlowe, 2004). Moreover, divorcing rate increases

because of lack of communication. Furthermore, couple should take help from counseling services to learn how they can improve their communications skills and how they can cope with problems. The long of marriage becomes short day by day it can be related to communication skills because people cannot understand each other as well (Buss, 1994).

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Üniversite Öğrencilerin Duygusal Arkadaşlıkların Sırasında Evlilik Konusundaki Bakış Açıları Üzerindeki İletişim Becerilerinin Etkisi

Atıf:

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Özet

Problem Durumu

Evlilik toplumun yapı taşlarını yani ailelerini oluşturmanın en büyük ve ciddi girişimlerindedir. Evlilik kararı alma sırasında bir takım şeylerin etkisi bulunmaktadır. Bunlar, evlilikte sorunlar veya iyi sonuçlara neden olmaktadır. Çalışmada, evlilik için önemli bir adım olan eş belirlerken iletişim becerileriyle ilişkisi üzerinde durulmaktadır.

İletişim becerileri ve eş seçimi arasında bir ilişki vardır. Ayrıca, bazı farklılıklar (yaş, cinsiyet, milliyet, anne ve baba tutumları) ve eş seçimi arasında bir ilişki vardır.

Araştırmanın Amacı

Çalışmanın amacı, üniversite öğrencilerinin duygusal arkadaşlarıyla sürdürmüş oldukları ilişkileri ve ileride evlenecekleri eşlerinin özelliklerini belirlerken iletişim becerilerinin etkisini öğrenmek hedeflenmektedir. Yaşamın her aşamasında, aile ve evlilik, insan için önemli bir konuma sahiptir. Bu nedenle, çalışma evlilik sırasında taraflar arasında iletişim becerilerinin önemi ortaya koymak için yapılmıştır. Çünkü, iletişim becerilerinin hayatımızdaki önemi üzerinde yeterince durulmadığı ve bu alandaki eksikliklerin toplumun yapı taşı olan aile üzerinde de büyük etkisi olduğunu ve toplumun iyileştirilmesi için iletişim becerileri üzerinde durulması gerektiğini ve eş belirleme üzerindeki etkisini ortaya koymak hedeflenmektedir.

Yöntem

Araştırma yöntemi olarak karma araştırma metodu, araştırma metodu olarak çalışması için tercih edildi. Toplanacak olan verilerin çeşitliliği ve geçerliliğini artırmak için karma metot kullanılmıştır. Örnek olay ise de araştırma tasarımı olarak belirlendi. Çalışmanın evrenseli olarak Kuzey Kıbrıs Türk Cumhuriyeti'nin en eski üniversitelerinde Doğu Akdeniz Üniversitesi lisans öğrencileri seçilmiştir.

Çalışmanın örnekleme de kolaylık örnekleme yoluyla belirlenmiştir. Bunun amacında daha güvenilir ve geçerli veri toplamak için bu şekilde çalışmanın katılımcılarını belirlemeye karar verilmiştir. Doğu Akdeniz Üniversitesi lisan öğrencilerinde 300 lisans öğrencisi nicel araştırma yönteminde veri nicel toplamak için araştırmanın katılımcısı olmuştur. 30 lisans öğrencisi de nitel araştırma yöntemi de nitel veri toplamak

için araştırmannın katılımcısı olmuştur. Veri toplama araçları yarı yapılandırılmış görüşme soruları ve bir ölçekten oluşmaktadır. Toplanan nicel verilerinin analizi, SPSS programı aracılığıyla yapılmıştır. Katılımcılardan sözel olarak izinleri alınıp uygun oldukları zamanda çalışmaya katılıp veriler toplanmıştır. Toplanan nitel verilerin analizi de tematik analiz yöntemiyle analiz edilip yorumlanmıştır. Milliyet, cinsiyet, yaş, anne ve baba tutumları toplanan verileri analiz etme sırasında önemli değişkenler arasındadır.

Bulgular

Çalışma 2012 Şubat ayında tamamlanmıştır. Çalışmaya 143 kadın katılımcı katılmıştır ve 157 erkek katılımcı da çalışmada katılım göstermiştir. Çalışmadan elde edilen sonuçların cinsiyet bazında, eşit veriler toplamak amacıyla seçilen örneklemin çalışmaya sağladığı veriler kullanışlıdır. Çalışmanın sonuçları, iletişim becerilerinin seviyesi, eş belirleme kriterleri üzerinde manidar bir etkisi olduğu toplanan veriler ışığında gözlenmektedir. İletişim becerilerinin eş belirleme sırasında önemli bir etki olduğu gözlenmektedir ve iletişim becerinin önemli bir role sahip olduğu toplanan verilerin yorumlanmasında ortaya çıkmıştır. Eş belirleme esnasında bir takım değişkenler önemli etkiye sahiptir. Bunlara örnek olarak eş belirleme esnasında eş belirleyen kişinin annesinin tutumları süreç üzerinde etkiye sahip olduğu gibi. Ölçek iki kısımdan oluşurken, birinci kısmında eş tercihinde istenilen özellikler mevcuttu. Diğer kısmında istenilmeyen özellikler yer almaktaydı. Bu özelliklerin frekanslarına bakıldığı zaman arzu öğeler için ilk on önemli özelliğine bakıldığı zaman; açık görüşlü, kültürlü, paylaşımı, duygusal-sağlık, güçlü özellikleri, iletişim becerileri, uzlaşmacı, cinsel uyum ve öngörü. İyi iletişim girmek ve medeni ortağın kriterleri belirlemek Bu noktalar çok önemli. Frekansların incelenmesi sonucunda, istenmeyen öğeleri için ilk on önemli öğeleri göstermektedir. Bunlar ayrımcılık, cinsel taciz eğilimi, kendini kontrol edememe, yasaklayıcı, kaba, vefasızlık düşünceler, sinsiyet, kendini balık, su geçirmez ve dar görüşlü. Bu etkenler yine bireysel olarak farklılar gösterse de yine genel anlamda toplumsal getirilerin yanı sıra, iletişim becerilerinin eş belirleme sürecinde etkisi gözlenmeyecek şekilde değildir o yüzden ilerde evlenecekleri kişilerin özelliklerini fark edebilmek için yeterli iletişim becerilerine sahip olmaları gerekmektedir.

Tartışma ve Sonuç

İletişim insanoğlunun hayatında büyük bir öneme sahip olduğu bilenen bir olgudur ve iletişim kurmamanın imkânsızlığı söz konusudur. Kaliteli iletişim kurma amacını göz önünde bulundurmak için iletişim becerilerinin gelişmiş olmasının sağlamış olduğu olumlu katkıları mevcuttur. Buda daha önceden de belirtildiği gibi, önemli iletişim insanoğlunun hayatında önemli bir yere sahip olduğundan her aşamasında etkileri gözlenmektedir. Toplumun önemli yapı taşlarından olan ailenin önemi toplumun sağlıklı bireyler yetiştirilmek ve toplumun güçlenmesi açısından çok önemli bir kurumdur. Çalışmanın da amaçlarında belirtildiği gibi, iletişim becerilerin eş seçme sürecindeki rolünü ortaya koymak hedeflenmişti. Evlilik, duygusal arkadaşlık ve eş belirleme sürecinde de iletişim becerilerinin etkilerini görmezden gelinemez. Bu ne-

denle, iletişim becerileri, evlilik, flört ve işlevi alma sırasındaki ilişkiyi gözlemlemek amacıyla çalışma tasarlanmıştır. Çalışma sonucuna göre iletişim becerileri eş belirleme sürecinde büyük etki taşımaktadır. Bu alanda daha farklı örneklemeler üzerinde çalışma yapıp alana katkı sağlamak önerilmektedir. Özellikle gelişme aşamasında olan ülkelerin önce en temel yapı taşı olan ailelerin güçlü bir şekilde kurulmasını bireylerin ne istediğini bilmesiyle mümkündür. İnsanların bir birini anlamasının yolu iletişimden geçmektedir. Bu yüzden ki, iletişim becerileri aracılığıyla insanların karşındaki kişiden ne beklediğini anlama konusunda süreci hızlandırması ve karşındaki kişi hayatını devam ettireceğiniz kişi olduğu zaman daha çok önemlidir. Çalışmanın iletişim becerilerinin rolü üzerinde durması ve eş seçme sürecindeki etkisini ortaya koymasının önemi açıklanmıştır.

Anahtar Sözcükler: iletişim becerileri, evlilik, duygusal arkadaşlık, üniversite öğrencileri